



INTERNATIONAL SCHOOL  
ZURICH NORTH

# Little Ibex Nursery & Kita Parent Guide

Daily rhythm, bilingual immersion,  
transitions, and practical information

[www.iszn.ch](http://www.iszn.ch)

## Welcome to Little Ibx

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Little Ibx is ISZN's Nursery & Kita for children from 3 months to 3 years. We provide a warm, structured environment where children build secure relationships, explore through play, and experience English and German every day through immersion.

### Key Information

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- Age range: 3 months–3 years
- Opening hours: 07:30–18:00
- Languages: English–German dual language immersion (One Person – One Language)



**Each child is encouraged to achieve their full potential in all areas of school life.**

## Welcome from our School Leadership

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Dear Parents and Families,

It is my great pleasure to welcome you to Little Ibex Kita. As Head of Primary, I am proud to introduce our nurturing early years environment. Together, we ensure our youngest learners receive the best start to their educational journey.

Little Ibex provides a warm, safe, and stimulating environment for children aged 3 months to 3 years, where first experiences outside the family home are filled with security, discovery, and joy.

The early years are foundational. During this stage, children develop physically, emotionally, socially, linguistically, and cognitively. Our role is to create an atmosphere where every child feels valued, supported, and inspired to explore the world around them.

We look forward to welcoming your family and accompanying your child during these important early years.

Sincerely,

**Sarah Lowery**  
Head of Primary at ISZN



Dear Parents and Families,

I am delighted to extend a warm welcome to you and your family at Little Ibex Kita. As Kita Manager, I believe the early years are a unique and meaningful stage of life.

My priority is to create a safe, nurturing environment where children feel emotionally secure and valued. Strong, trusting relationships form the foundation for learning. When children feel safe, they explore with confidence, develop social skills, and grow emotionally, physically, linguistically, and cognitively.

I also value a close partnership with families, built on open communication and trust. Together, we create the best possible start for each child.

I look forward to welcoming you and accompanying your child during these important early years.

Warm regards,

**Tamara Johnson Hernandez**  
Kita Manager at ISZN



## Our Daily Schedule (Example)

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### **07:30–09:00 | Arrival & settling in**

Warm welcome, calm transition into the day. Breakfast available 07:30–08:45.

### **09:00–09:30 | Morning circle**

Greeting, songs, small snack, simple overview of the day.

### **09:30–11:15 | Morning programme**

Play-based learning with age-appropriate experiences (creative, movement, free play, guided moments, outdoor time).

### **11:30–12:15 | Lunch**

Shared mealtime that supports independence and social learning.

### **12:15–14:30 | Nap / quiet time**

Sleep supported with care. Children who no longer nap have a calm quiet-time option.

### **14:30–15:30 | Afternoon programme**

Creative play, outdoor time, movement, free exploration.

### **15:30–16:30 | Snack (Zvieri)**

Healthy snack and relaxed conversation.

### **16:30–18:30 | Pick-up & free play**

Flexible pick-up window. Short daily update at handover.

This routine offers predictability while respecting children's individual rhythms.

## How English and German are Used Each Day

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Little Ibex uses bilingual immersion: language is part of everyday life.

What this looks like

- Educators speak their designated language consistently (One Person – One Language)
- Language is used during routines, play, outdoor time, and stories
- Children learn through repetition, modelling, and meaningful context



## Learning Goals by Age (EYFS-Aligned)

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### 0–1 years

- Secure attachment and emotional safety
- Sensory exploration and early interaction
- Physical development foundations

### 1–2 years

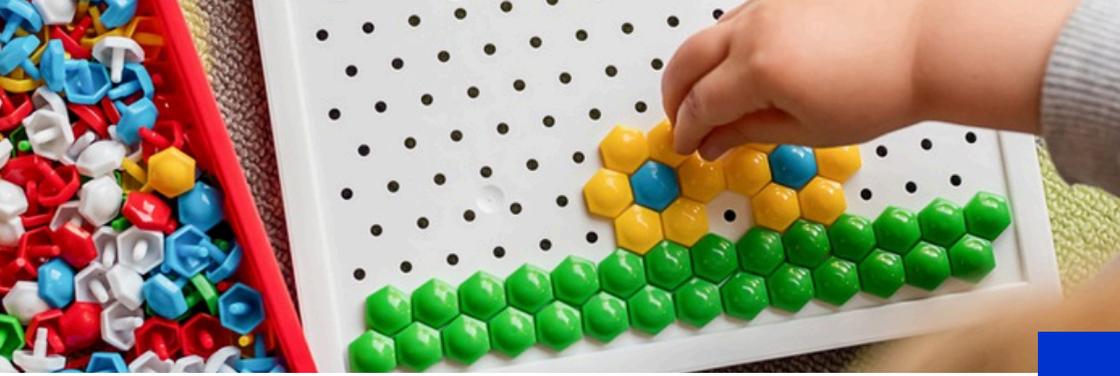
- Independence in routines
- Growing understanding of language
- Mobility, curiosity, early social play

### 2–3 years

- Confidence in group life
- Expanding expressive language
- Social skills and early problem-solving
- Preparation for Pre-K routines



**Language is part  
of everyday life.**



## Learning Goals by Age (EYFS-Aligned)

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Wellbeing is built through:

- Key-person approach and secure relationships
- Predictable routines
- Age-appropriate emotional support
- Gentle conflict support and co-regulation

## Settling-In Process

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Starting childcare is a major step. Our settling-in process supports child and family.

**Typical steps:**

1. Welcome conversation and tour
2. Gradual settling-in plan agreed with parents
3. Key-person bonding and routine building
4. Short check-in after the first week
5. Ongoing daily communication

## Facilities and Resources

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Little IbeX offers purpose-designed Early Years spaces, including:

- Safe, stimulating indoor learning environments
- Age-appropriate outdoor play areas
- Dedicated nap and rest rooms
- Sensory, creative, and movement-focused resources

## Parent Partnership and Communication

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Parents are partners in their child's learning journey.

### What to expect

- Daily informal updates at pick-up
- Ongoing observation and development notes
- Regular parent meetings
- Community events across the year

## Support for Children Joining Mid-Year or New to English/German

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Children are supported through:

- Individual settling-in plans
- Consistent routines and visual supports
- Language-rich environments with repetition and modelling
- Close collaboration with families

**Parents are  
partners in  
every step of  
the journey.**



## Frequently Asked Questions

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### Do children have fixed language lessons?

Language learning happens through immersion across the day through routines, play, and interaction.

### What enrichment is included?

Music and movement, sensory and creative play, outdoor learning, and short project moments.

## Next Steps

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- [Book a tour](#)
- [Request information](#)
- [Speak with Admissions](#)

Contact



[www.iszn.ch](http://www.iszn.ch)



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